



Newborn and NICU Wound Dressing Selection Guide

Wound Appearance														
Description	Pressure Ulcers	IV Infiltration IV Extravasation	Surgical Wounds (Open)	Peristomal Wounds	Bullous disorders	Skin Stripping Skin Tear	Epithelializing/ Skin at Risk	Respiratory/ Tube Sites	Fixation					
Depth	Deep/Shallow	Deep/Shallow	Deep/Shallow	Deep/Shallow	Shallow	Shallow	Shallow	Protection	Protection					
Treatment Objective	Cleanse, Fill Cavity Space, Hydrate, Reduce Shear, Insulate				Cleanse, Hydrate, Reduce Shear, Insulate			Reduce Shear						
Suggested Products and Change Rates <small>To the right are management options for each wound condition</small>	<p>Deep</p> <p>Normlgel® (Up to 2 days)</p> <p>Cover Dressing Options</p> <p>Mepilex® Border Lite Mepilex® Lite</p> <p>Shallow</p> <p>Mepitel® (Up to 10 days)</p> <p>Apply topicals and gels over Mepitel® as indicated of for hydration.</p> <p>Secure (daily or as ordered) or Cover with: Mepilex® Lite or Mepilex® Border Lite (Up to 7 days)</p>				<p>Mepilex® Lite or Mepilex® Border Lite (with pouch changes or PRN)</p> <p>Cut Mepilex® Lite or Mepilex® Border Lite to fit around stoma. Seal open edge of foam with strip paste, as needed</p> <p>Affix wafer to back of dressing</p> <p>Secure any open edges with Mepitac® as needed</p> <p>SEE BACK</p>		<p>Mepitel® (Up to 10 days)</p> <p>Normlgel® for hydration (Up to 2 days)</p> <p>Secure with roll gauze or Tubifast®</p> <p>OR</p> <p>Mepilex® Lite or Mepilex® Border Lite (Up to 7 days)</p>		<p>Mepilex® Lite (Up to 7 days)</p> <p>Secure with role gauze, Tubifast® or Mepitac®</p> <p>OR</p> <p>Mepilex® Border Lite (Up to 7 days)</p>		<p>Mepilex® Transfer or Mepilex® Lite (Up to 7 days)</p> <p>Cut to fit under CPAP mask or nasal prongs</p> <p>Cut/fenestrate for tube sites</p> <p>Change as needed</p> <p>SEE BACK</p>		<p>To secure devices that are not life-sustaining</p> <p>Mepitac® or Mepiform® (PRN)</p> <p>OR</p> <p>Tubifast® (PRN)</p>	
	Notations	<ul style="list-style-type: none"> ✦ Normlgel® may be used to donate moisture with each dressing change ✦ For wounds with significant depth: Impregnate gauze with Normlgel® and lightly fill ✦ Mepilex®, Mepilex® Lite, Mepilex® Ag (unbordered dressings): fixate with Tubifast® or Mepitac® Tape ✦ Mepilex® Transfer may be used for protection. If used in management of exudate, a secondary dressing is needed for absorption/fixation ✦ Mepilex® Ag may be used to address antimicrobial needs as approved: by neonatologist, neonatal nurse practitioner or attending MD ✦ Negative Pressure Therapy: Mepitel® may be used to protect wound base 												



Patients with wound infection or those at high risk for infection may require more frequent changes as well as adjunctive antibiotic therapy. Before any healing process can begin, two critical steps must be taken as part of a well-defined management protocol: 1) The wound assessment and 2) Management of causative and contributing factors including unrelieved pressure, shear and friction, excessive moisture, and altered nutritional status.



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Examples for Peristomal, Respiratory and Tube Site Applications



Peristomal Applications



Mepilex® Lite is cut to fit over the peristomal wound and around the stoma. The wafer is applied over **Mepilex Lite** and the pouch is affixed to the wafer. Strip paste may be used to seal cut edge of foam near the stoma. **Mepitac®** tape may be used to secure the wafer.



Mepilex® Border Lite is cut to fit around stomas and over the wound. Ensure dressing extends onto intact skin. Pouch is applied to the top of the dressing. The cut or open" edge of foam near the stoma may be sealed with strip paste as needed.



Strip paste may be used to fill peristomal irregularities. **Mepilex® Lite** is cut to fit around the stoma and applied over the filler. The pouching system is applied over the dressing. Open edges of foam near stoma may be sealed with strip paste. **Mepitac®** may be used if additional fixation is needed.

Respiratory and Tube Site Applications



Mepilex® Lite is cut to fit around the nose to protect fragile skin from the CPAP device. **Mepilex® Transfer** may also be used.



Another example of **Mepilex® Lite** customized to fit around the nose and under the CPAP device.



Mepilex® Lite may be used under tapes and devices on cheeks, chin, or septum. **Mepilex® Transfer** may also be used.



Mepilex® Transfer is cut to fit under the bumper of the feeding tube to protect skin the from moisture and the device. Other **Safetac®** products may also be used.

The information provided herein is not to be construed as the practice of medicine or substituted for the independent medical judgment of a patient's treating physician. This information, including but not limited to suggestions for product wear time, product selection and suggested use is based on generalizations and does not consider the unique characteristics of an individual's wound. Each patient's physician shall remain solely responsible for assessing the severity of patient wounds, determining the appropriate treatment, and managing treatment of the wound. For additional information, please refer to the applicable product insert or contact Mölnlycke Health Care at 800.882.4582.

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