

**PATIENT INFORMATION SHEET FOR USE OF:**

-  **Mepilex®** 
-  **Mepilex®Ag** 
-  **Mepilex®Lite** 

Mepilex is a dressing that has been ordered by your healthcare provider. It will help your wound to heal and will not stick to your wound

- This dressing will need to be secured with tape or a wrap

Disposable gloves should be worn to protect yourself and others

**STEP 1.** Preparing to care for your wound:

- Clean your work area before changing your dressing
- Gather your supplies as listed under **PATIENT DIRECTIONS**
- Wash and dry your hands

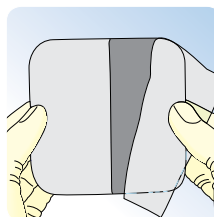
**STEP 2.** Removing your soiled Mepilex dressing:

- Remove the secondary dressing that is holding your dressing in place
- Remove the Mepilex dressing by gently lifting a corner and peeling away from your wound
- If present, remove wound filler as instructed
- Discard in a plastic bag and remove your gloves
- Wash and dry your hands

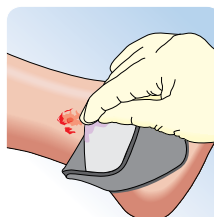
**STEP 3.** Cleaning your wound:

- Clean your wound using wound cleanser as listed under **PATIENT DIRECTIONS**
- Dry the skin around your wound with dry gauze or a clean cloth
- If needed, replace wound filler as instructed

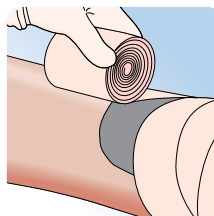
**STEP 4.** Applying your new Mepilex dressing:



**A** Remove the release papers



**B** Center the dressing over the wound. Place the tacky side down on top of your wound and gently press the dressing onto your skin being sure all edges are flat



**C** Secure your dressing with tape or a wrap as listed under **PATIENT DIRECTIONS**

**WHEN TO CALL THE HEALTHCARE PROVIDER** (doctor, nurse, therapist)



- Any change in the wound that is a concern to you
- If the drainage from the wound increases
- If you have a sudden increase in pain, or new pain in your wound

- If the area around the wound gets red, swollen or painful to touch
- If the wound color changes from pink or red to a tan, brown or black color
- If you get a fever, or if the wound odor gets worse
- If you have questions

**NOTE:** The recommendation and information in this material should not be considered a substitute for medical advice or diagnosis. See package insert for full instructions and precautions. Please contact your healthcare provider with any questions regarding the care or condition of your wound.

**PATIENT DIRECTIONS**

SUPPLIES YOU MAY NEED:

Mepilex/Mepilex Ag/Mepilex Lite

Size: \_\_\_\_\_

Order number: \_\_\_\_\_

Dry gauze/clean cloth

Disposable gloves

Plastic bag

Wound cleanser: \_\_\_\_\_

Wound filler: \_\_\_\_\_

Secure with: \_\_\_\_\_

Other: \_\_\_\_\_

YOUR DRESSING SHOULD BE CHANGED:

Day/Frequency: \_\_\_\_\_

**NOTE:** The dressing should be changed when you see the wound fluid is present at the edges of the dressing.

**RECORD DATE OF DRESSING CHANGE**

Week 1	Week 2	Week 3	Week 4

CONTACT NUMBER:

\_\_\_\_\_

\_\_\_\_\_

**WHERE TO GET YOUR DRESSINGS**

Supplier name and phone number

\_\_\_\_\_

\_\_\_\_\_